

## Choosing the right size

If your body measurements are midway between two sizes, go to the smaller size for a tighter fit or the larger size for a looser fit.

If your body measurements result in different sizes, we recommend using your chest measurement for tops and your hip measurement for pants.

## How to measure your body

**Chest/Bust:** Place the measuring tape around the fullest part of your chest/bust.

**Waist:** Place the measuring tape at your natural waist, the narrowest point on your torso.

**Hip:** Place the measuring tape around the fullest point on your hips.

Measurements refer to body size, not garment dimensions.

Womens (cm)	XS (8)	S (10)	M (12)	L (14)	XL (16)
Bust	82	88	94	100	107
Waist	64	70	76	82	89
Hip	90	96	102	107	113

Mens (cm)	S	M	L	XL	XXL
Chest	90.5	98.5	106.5	114.5	122.5
Waist	77.5	84.5	91.5	98.5	105.5

Kids (cm)	3	4	6	8	10	12	14
Chest	56-58	58-62	62-66	66-70	70-74	74-78	78-82
Waist	53-54	54-56	56-58	58-60	60-62	62-64	64-66
Height	94-100	100-114	114-126	126-136	136-146	146-156	156-164